

New Year Resolutions



1. Think about it !

What resolutions can you make about ...

- English ...
- your homework...
- sport...
- love/friendship ...
- travel ...
- money...
- food/diet
- TV ...
- school ...
- your parents ...



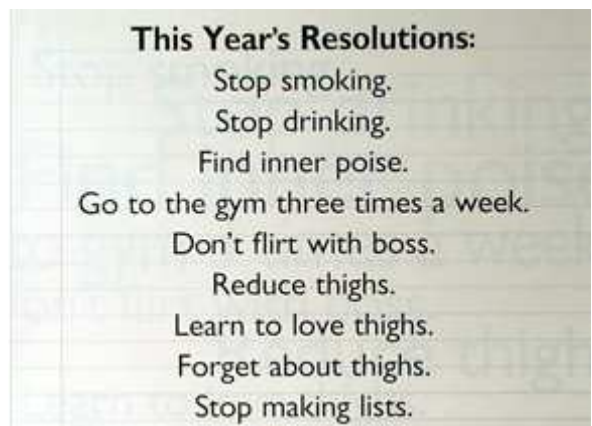
2. List the expressions you can use with resolutions.

3. Match the synonyms.

- | | |
|-------------------------------|------------------------------|
| quit _____ | - continue (a) |
| cut down on _____ | - stop (b) |
| keep doing _____ | - reduce (c) |
| try harder in/at _____ | - begin (d) |
| Start _____ | - give more effort in/at (e) |
| higher part of your leg _____ | - inner poise |
| peace with yourself _____ | - thigh |

4. Classify these resolutions into three categories, then rephrase them using the expressions above. What can you deduce about this person ? Discuss it with your classmates.

Work	
Health	
Looks	



I think this person is _____

5. Look at the whole document and describe it briefly.

Words:

- to lean on ...s'appuyer sur

Remember the four stages !

1. Say what this document is.
2. Say what it shows (who, where, when...what colours ...)
3. What it expresses...Who it targets ...
4. Your impressions, likes, dislikes ...

at the top
≠
at the bottom

a list of ...

at two thirds of ...

the names of ...

title

catchphrases

credits



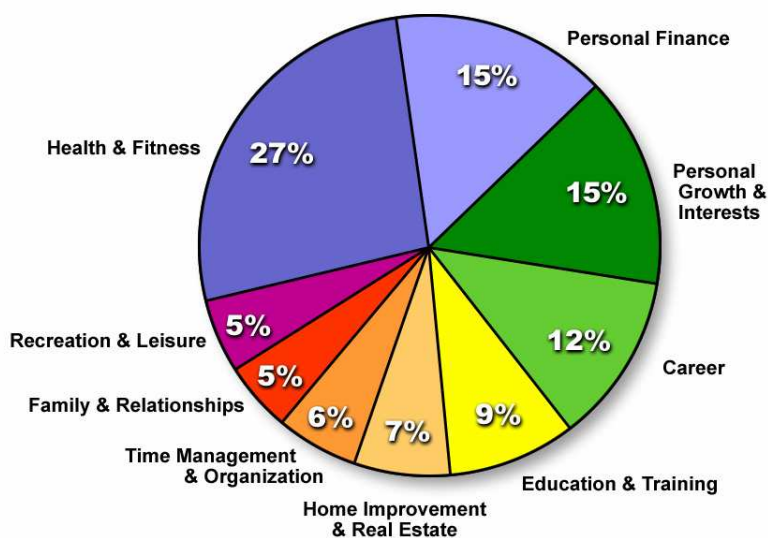
6. Verify your assumptions. Were you right or wrong about this person ?

7. Read Bridget Jones's resolutions again and try to memorize them using the expressions we saw earlier on.

8. Look at the pie chart of the top 2007 resolutions and find the English words for:

<i>santé</i>	
<i>croissance</i>	
<i>loisir</i>	
<i>formation</i>	
<i>amélioration</i>	
<i>immobilier</i>	

Top Categories of 2007 New Year's Resolutions*



* Projected
Source: myGoals.com

from: <http://www.mygoals.com/>

9. Comment on the chart.

10. Work in groups. Each will be assigned a category of resolutions and decide which of the items shown on the OHP fits into this category.

Health & Fitness Resolutions:	Career Resolutions:	Personal Growth & Interests:
Personal Finance Resolutions:	Time Management & Organization Resolutions:	Family & Relationship Resolutions:
Education & Training Resolutions:	Home Improvement & Real Estate Resolutions:	Recreation & Leisure Resolutions:

DISCUSSION Topic

First give a « definition » for the expression « New Year Resolution ».

A new year resolution is ...

In your opinion why do people make New Year Resolutions ?

Do you think it is important and/or useful to make resolutions for the new year ?

HOMEWORK : On a piece of rough paper write a report on today's discussion. Add your personal opinion.

"To be financially independent"
"To Lower My Cholesterol"
"To Set Up a Home Gym"
"To have a healthy back"
"To pay off my debt"
"To get no late fees on bills"
"To create a will"
"To improve credit rating to buy a new car"
"To retire by age 50"
"To stop biting my nails"
"To learn Dutch"
"To watch less television"
"To finish my Master's"
"To start looking for another job"
"To make 125 contacts a week"
"To become an expert in advertising"

"To attain the rank of Black Belt"
"To write and sell a screenplay"
"To fix up the upstairs office"
"To plan my wedding"
"To weed all of the gardens"
"To wake up at 8:00"
"To control paperwork"
"To put the house on the market"
"To paint the kitchen"
"To update living room furniture"
"To do 30 minutes of yard work"
"To stop slouching"
"To improve my German"
"To be a great wife"
"To learn to play the guitar"
"To adopt a pet"

"To start my own business"
"To reduce stress in my life"
"To pay off my debt"
"To learn to delegate more efficiently"
"To update my wardrobe"
"To initiate conversations more often"
"To plan our 25th wedding anniversary"
"To reach out and call my friends"
"To spend more time with my family. "
"To backpack through Europe"
"To spend more time outdoors"
"To improve chipping to the green"
"To take a trip to Disney World/Orlando"
"To clean out the basement"
"To lose 10 pounds"
"To become a VP of Human Resources"

Health & Fitness Resolutions:

"To lose 10 pounds"
 "To Lower My Cholesterol"
 "To Set Up a Home Gym"
 "To have a healthy back"
 "To reduce stress in my life"

Career Resolutions:

"To be financially independent"
 "To start looking for another job"
 "To make 125 contacts a week"
 "To become an expert in advertising"
 "To become a VP of Human Resources"
 "To start my own business"
 "To write and sell a screenplay"

Personal Growth & Interests:

"To stop slouching"
 "To stop biting my nails"
 "To adopt a pet"
 "To learn to delegate more efficiently"
 "To update my wardrobe"

Personal Finance Resolutions:

"To get no late fees on bills"
 "To create a will"
 "To improve credit rating to buy a new car"
 "To retire by age 50"
 "To pay off my debt"

Time Management & Organization Resolutions:

"To fix up the upstairs office"
 "To plan my wedding"
 "To weed all of the gardens"
 "To wake up at 8:00"
 "To control paperwork"

Family & Relationship Resolutions:

"To initiate conversations more often"
 "To watch less television"
 "To plan our 25th wedding anniversary"
 "To be a great wife"
 "To reach out and call my friends"
 "To spend more time with my family."

Education & Training Resolutions:

"To learn Dutch"
 "To learn to play the guitar"
 "To attain the rank of Black Belt"
 "To improve my German"
 "To finish my Master's"

Home Improvement & Real Estate Resolutions:

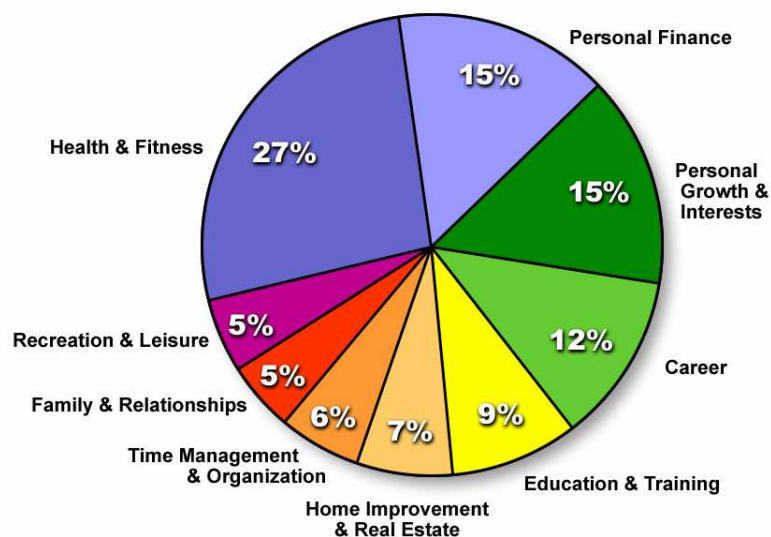
"To put the house on the market"
 "To paint the kitchen"
 "To update living room furniture"
 "To do 30 minutes of yard work"
 "To clean out the basement"

Recreation & Leisure Resolutions:

"To backpack through Europe"
 "To spend more time outdoors"
 "To improve chipping to the green"
 "To take a trip to Disney World/Orlando"



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Parler du FUTUR (1)

Bridget: "I will go to the gym three times a week."

De quel moment parle-t-elle : du passé, du présent ou du futur ? _____

Quelle est la forme verbale utilisée ? _____ + _____

Il s'agit ici:

- d'une certitude
- d'une prédiction
- d'une décision prise pratiquement au moment où l'on parle.

A compléter et à copier dans le cahier.

Parler du FUTUR (1)

Pour rapporter une décision concernant le futur, prise au moment où on parle, on utilise le modal _____ suivi de la _____.

HOMEWORK:

Translate.

As-tu fais une liste de résolutions cette année ?

Oui. Il y a des choses que je veux changer dans ma vie. Tiens lis.

« Je veux travailler plus régulièrement pour avoir de meilleurs résultats au collège.

J'ai l'intention de trouver un petit travail pour avoir plus d'argent de poche.

Je promets d'écrire au moins une lettre chaque mois à mes grands-parents qui vivent en Bretagne.

C'est sûr, je ne me disputerai plus avec mon petit frère. Je suis bien trop âgé(e) pour cela maintenant. »